



"By being more selective, we can be more effective."

Dr. Margaret Chan, WHO Director-General

Early Intervention in Europe

FreD goes net and other innovative projects of prevention

October 6th/7th, 2010, Münster, Germany



Drug abuse and **drug addiction** present one of the major **challenges to European health policy** – both in the sense of government's responsibility towards its citizens and in terms of averting negative impacts on the economy. Consequently, it is highly important to **offer support to young people showing risky consumption early on** in order to prevent them from sliding into dependency.

The project **FreD goes net** is based on the German intervention model "FreD – Early Intervention for First Noticed Drug Offenders". FreD goes net is the **transfer** of the "classic" project approach to various European countries and includes close cooperation with **the police or the judicial system** in case of conspicuous consumption of illegal drugs (mostly **cannabis**). Apart from this the project comprises a **further development of access routes** with respect to risky alcohol consumption and also an expansion of the settings **school and workplace** which refer young persons at risk to drug counselling services. The LWL – Coordination Office for Drug Related Issues is the executing organisation of both the German and European project, 16 further partners from Europe are involved.

The most challenging aspect within this project was to adapt a proven national concept to the different cultural, (drug) political and economic conditions of the participating countries. This **adaptation and implementation** was successful in almost all countries. Furthermore **evaluation of the intervention** was **positive** in terms of the effects achieved (e. g. change of attitude towards drug consumption and reduction or termination of drug use with the participating youths).

Many European countries show a gap in their support system regarding effective provisions for drug-consuming, but not (yet) dependent young people. The FreD project **contributes to closing this gap**.

"Early intervention in Europe – what can we learn from each other?"

This is the slogan of the **international final conference of the European project FreD goes net in Münster, Germany**.

The conference offers the opportunity to discuss the results and experiences of FreD goes net with international experts. After a general overview participants can talk to the pilot partners in individually arranged "country rooms".

To look "beyond our nose", additional interesting early intervention projects will be presented from European countries that did not take part in the project.

Gregor Burkhart from the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Lisbon, PT, will conclude the conference by showing perspectives for continuing the work in Europe.

The project executing organisation and the partners of FreD goes net invite to their final conference, expressing their thanks for the financial Support from European Union's Public Health Programme and the Federal Ministry of Health Berlin, DE, as the major funding partners. We hope that this conference will contribute to the further dissemination of successful early intervention projects in Europe - amongst them of course FreD goes net. At the same time we seek to encourage greater use of expertise and mutual support in Europe.

Wednesday, 6 October 2010

FreD goes net – Step by Step

- 10.00 **Welcome**
Hans Meyer, Landesrat LWL, Münster / DE
N. N., DG Sanco, Luxemburg / LU
- 11.00 **FreD goes net – from idea to project**
Wolfgang Rometsch, head of project, Münster / DE
- Scientific evaluation results**
Wilfried Görger, FOGS research institute, Cologne / DE
- Success factors during implementation**
Nadja Wirth, project coordinator, Münster / DE
- 12.30 Lunch
- 14.00 **"The gap is closed" – FreD goes net from the point of view of a pilot partner**
Carlo Baeten, CAD Limburg, Genk / BE
- 14.30 **Practical experiences of the pilot partners – presented in "country rooms":**
- 17.30 **Impressions, perspectives, results**

Poster and photographic exhibition combined with short presentations and discussions

Country	Institution	Contacts
Belgium	Centra voor Alcohol- en andere Drugproblemen, Limburg	Carlo Baeten, Lennie Nijs, Kristien Cypers
Island	Public Health Institute of Iceland, Lydheilsustöð, Reykjavik	Rafn Jonsson, Hörður J. Oddfirdarson
Germany	Krisenhilfe Bochum e. V. & Notdienst für Suchtmittel-gefährdete und -abhängige Berlin e. V.	Silvia Wilske, Uta Lode
Ireland	Health Service Executive Dublin North East	Nazih-Eldin, Elizabeth-Ann McKeivitt, Sharon Cumiskey
Latvia	Education Centre for Families & Schools Riga	Solvita Lazdina, Eva Simane
Luxembourg	Solidarité Jeunes, Luxemburg	René Meneghetti, Anouk Hinger
Austria	Institut Suchtprävention – pro mente OÖ, Linz	Christoph Lagemann, Herbert Baumgartner
Poland	National Bureau for Drug Prevention, Warschau	Anna Radomska, Robert Rejniak, Jan Dawid Chojecki
Sweden	Maria Ungdom – Stockholms Läns Landsting	Stefan Sparring, Ulf Wahlgren, Caroline Järkestig
Slovenia	Regional Public Health Institute Maribor	Igor Krampač, Karmen Osterc Kokotovic, Vesna Smarcan
Romania	National Anti-Drug Agency NAA Bukarest	Catalina Niculae, Cezara Dazu
Cyprus (additional partner)	Cyprus Anti-Drugs Council, Nicosia	Maria Peglitsi, Doris Kamara

- 19.00 **Europe gets together**
– Celebratory reception in the "Erbdrostenhof"

Thursday, 7 October 2010

Act Early in Europe – Innovative Projects of Early Intervention

- 09.00 **Good practice examples for early intervention**
Early diagnosis and early intervention in Swiss schools – evaluated best practice projects
Walter Kern, Pädagogische Hochschule Zürich, CH
- Targeting adolescents within an early intervention context**
Nikoletta Georgala, Organisation against drugs (OKANA), GR
- „Before You Get Burned” – peer projekt for students**
Fernando Mendes, IREFREA – Instituto Europeu para o Estudo dos Factores des Risco nas Crianças e nos Adolescentes, Coimbra / PT
- 10:30 Break
- 11:00 **Prevention, early intervention and harm reduction in drug users in the recreational setting**
Jiri Valnoha, Sdruzeni Podane Ruce, Prevention On Synthetic Drugs Abuse, Brno, CZ
- Catalan early intervention approaches for first-time-noticed drug users; best practical recommendations based on local experiences**
Maria Estrada Ocón, Health Department of the Catalan government, Barcelona, ES
- 12:00 **Early intervention in Europe – status quo and recommendations**
Gregor Burkhart, European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Lisbon / PT
- 12:30 **Outlook and closing of the conference**
Wolfgang Rometsch, LWL – Coordination Office for Drug Related Issues, Münster / DE
- 13:00 Snack and end of the conference

Venue:

Treff Hotel Münster City Centre
Stubengasse 33, D-48143 Münster, Germany
phone: +49 (0) 251 490 99 0, fax: +49 (0) 251 490 99 100
E-mail: muenster@treff-hotels.de

Congress language:

English and German: Interpreters are on site

Attendance fee:

125,- € (including drinks and meals during the conference and reception in the "Erbdrostenhof"). The total amount is due upon receipt of the invoice. A limited number of rooms have been reserved at the Treff Hotel Münster and Stadthotel Münster. Please refer to „FreD goes net". In case you prefer to stay at another hotel we shall be glad to be of assistance.

Registration:

We kindly ask you to send the registration form to the project coordination by **September 3rd, 2010**. Please note that the number of participants is limited; registrations shall be considered according to the date of their receipt. Approx. three weeks before the event you will receive an official confirmation of participation including all necessary information.

Contact:

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