

FreD goes net

Early Intervention in Adolescent Drug Consumption

Pilot Phase - Selected Evaluation Results

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FOGS Gesellschaft für Forschung und Beratung im Gesundheits- und Sozialbereich mbH

Without the oral presentation this paper is not complete; an isolated use of single contents can lead to misunderstandings. For any questions please refer to: Wilfried Görgen
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Evaluation of the European project FreD goes net

- Written questionnaire survey of project managers and prevention experts
- Secondary analysis of materials
- Participatory observation

- Development and implementation of the European project “FreD goes net”,
- Development and training of the European manual “FreD goes net”,
- Implementation of the project “FreD goes net” in the pilot countries,
- Building of sustainable co-operation, particularly between the referring institutions and the intervention providers.

Content-related tasks of co-ordination (16 items)

- Fully or partially met 96%

Rating of organisational aspects (9 items)

- Atmosphere, timescale, opportunities for getting involved 95%
- Very or rather content (3 items) 98%

Content-related objectives of the seminar (4 items)

- Fully or partially met 82%

Rating of organisational aspects (3 items)

- Atmosphere, timescale, opportunities for getting involved 98%
- Very or rather content 84%

Degree of difficulty expected in achieving set objectives (6 items)

- somewhat difficult 64%
- very difficult 18%
- not difficult 18%

Tasks related to implementation in the pilot countries (7 items)

- fully or partially achieved 93%

Rating after completing the project (project managers)

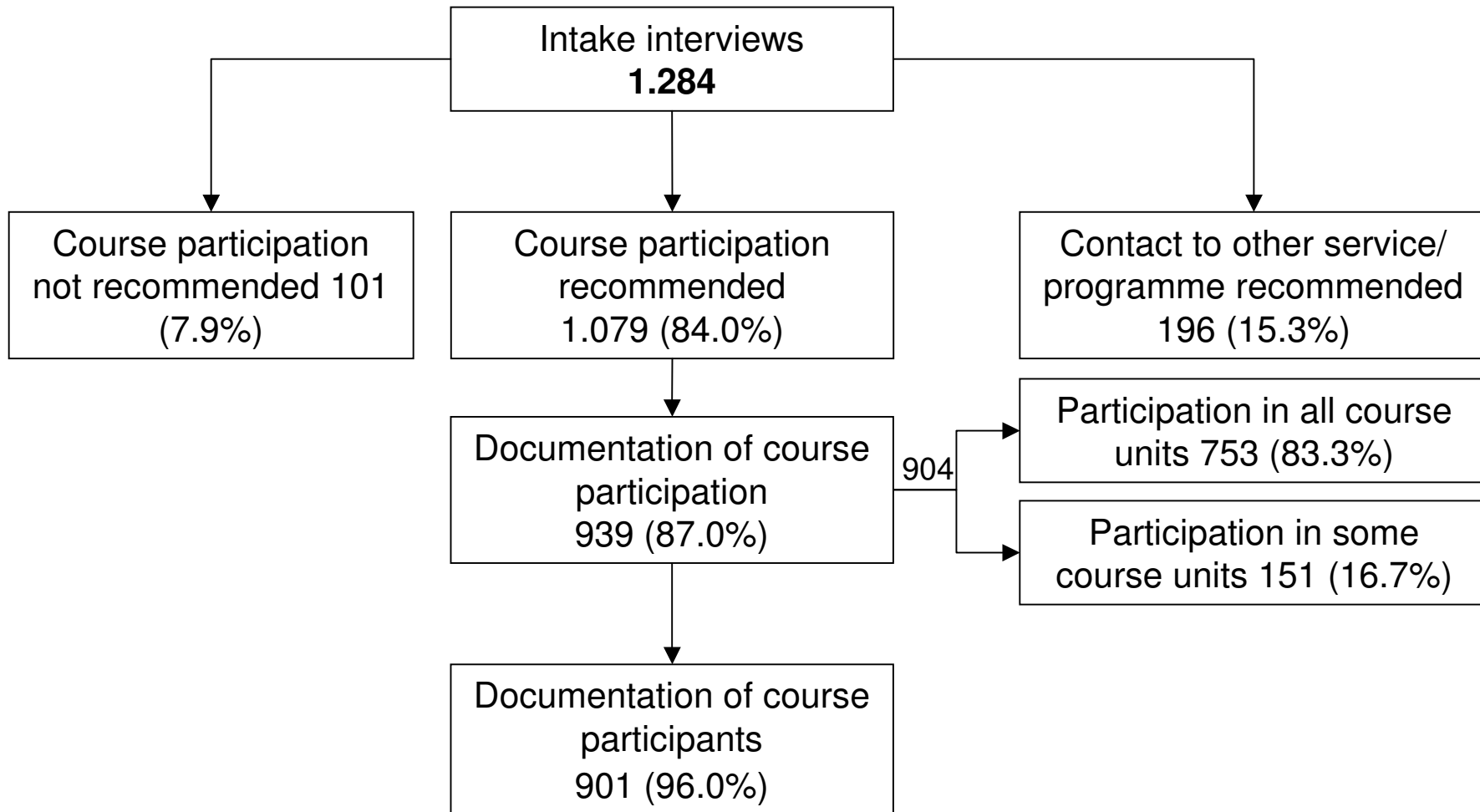
Aspects of implementation (running as planned, reaching of target groups, meeting needs)

- entirely or partially met 92%
- very or rather satisfied 92%

Evaluation of the pilot phase

- participating countries
 - 12 pilot countries
 - courses in 11 countries
- instruments
 - documentation of user data
 - survey of course participants
- survey period
 - from 08.10.2008 to 25.02.2010

Number of users

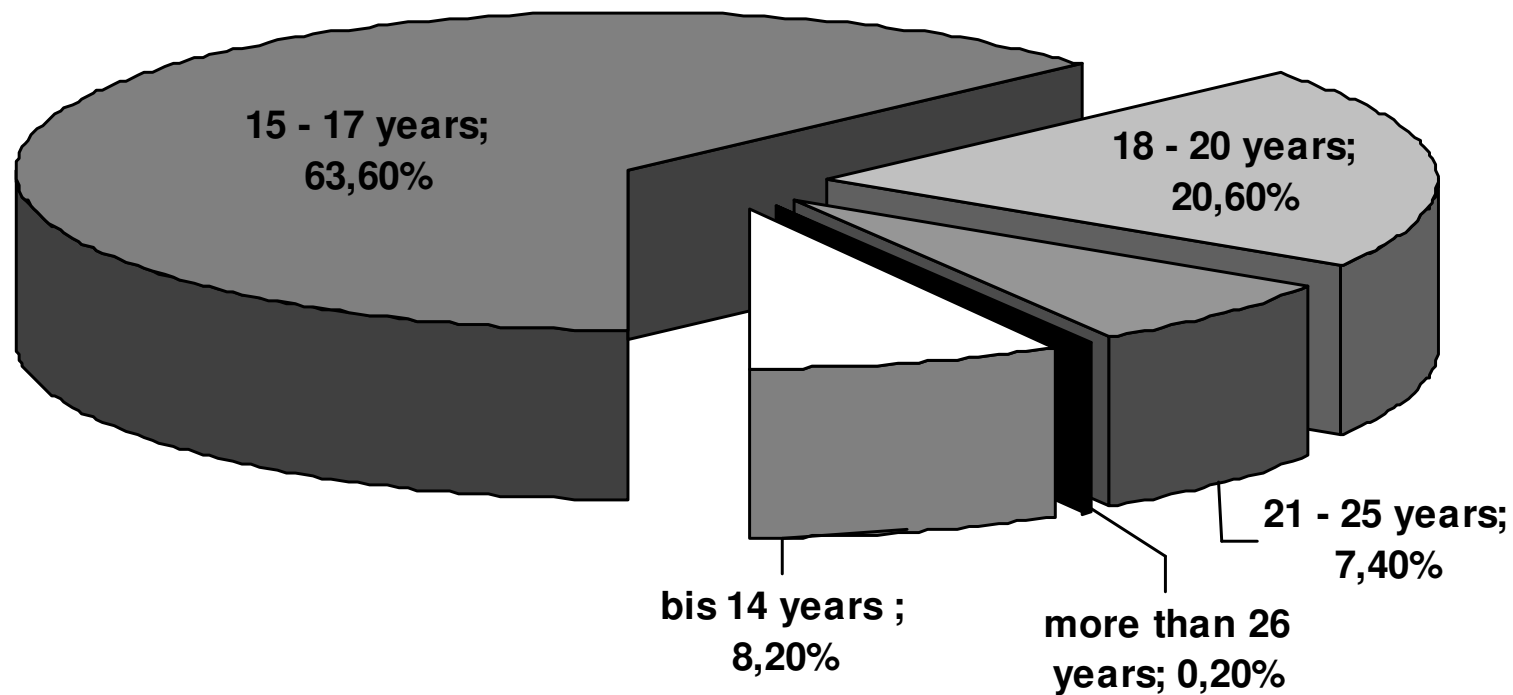


Referring institutions (N = 1,275)

▪ police/judiciary	436	(36.3%)
▪ school	407	(31.9%)
▪ family	111	(8.7%)
▪ workplace	37	(2.9%)
▪ other	157	(12.0%)
▪ no referral	100	(7.8%)

Age of Participants, Age Groups (N = 1.270)

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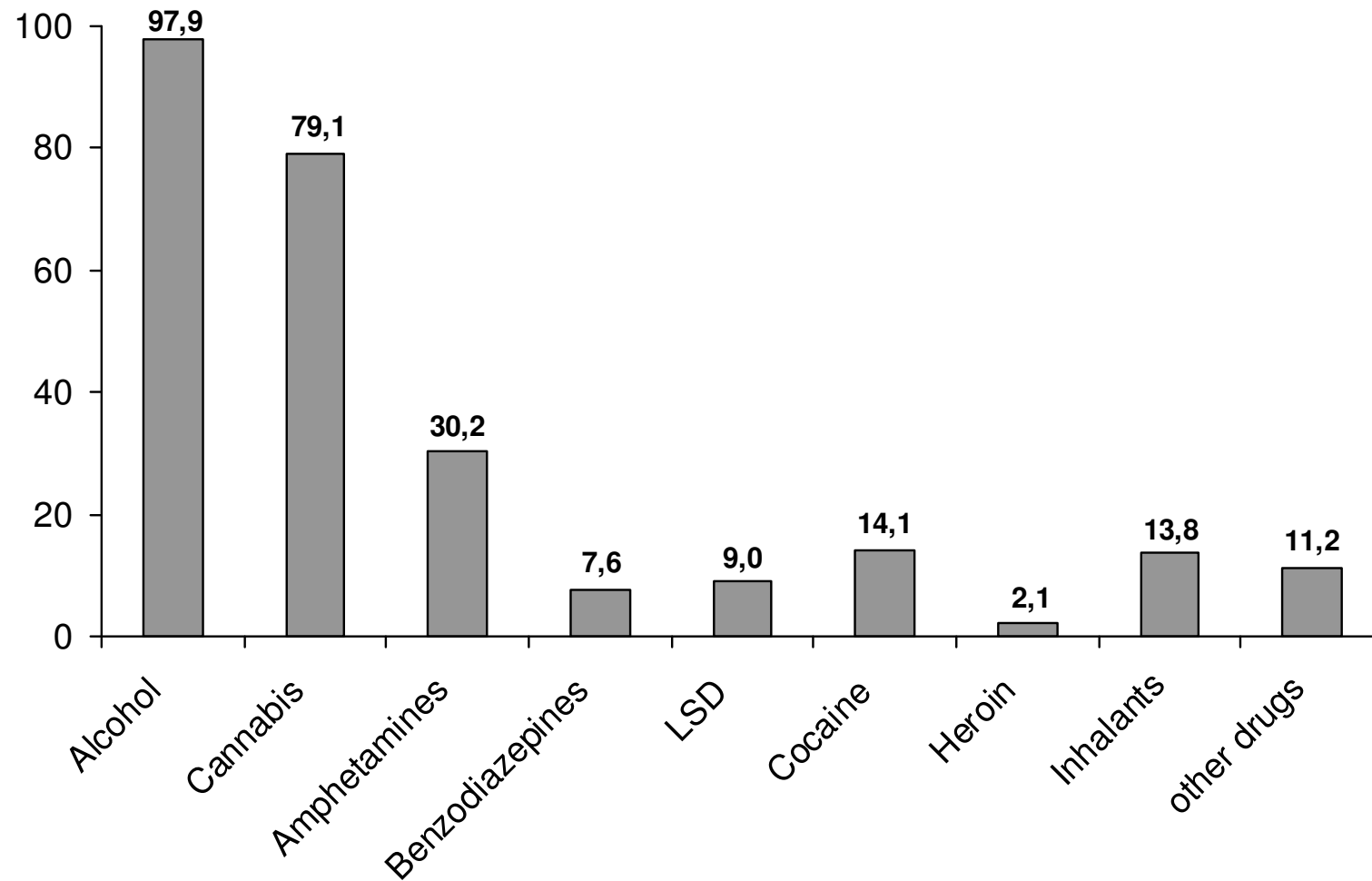


Ø total = 16,94 ; female = 16,33; male = 17,14

- 320 (24.9 %) female and 964 (75.1 %) male
- 1,079 (84.2 %) (still) lived with parents
- educational status / job situation
 - at school 911 (71.1%)
 - trainee/apprentice 93 (7.3%)
 - at university/college 98 (7.8%)
 - unemployed 95 (7.4%)
- 1,049 (83.4%) persons without previous use of professional services/advice

Drug use (in %) (ever in life)

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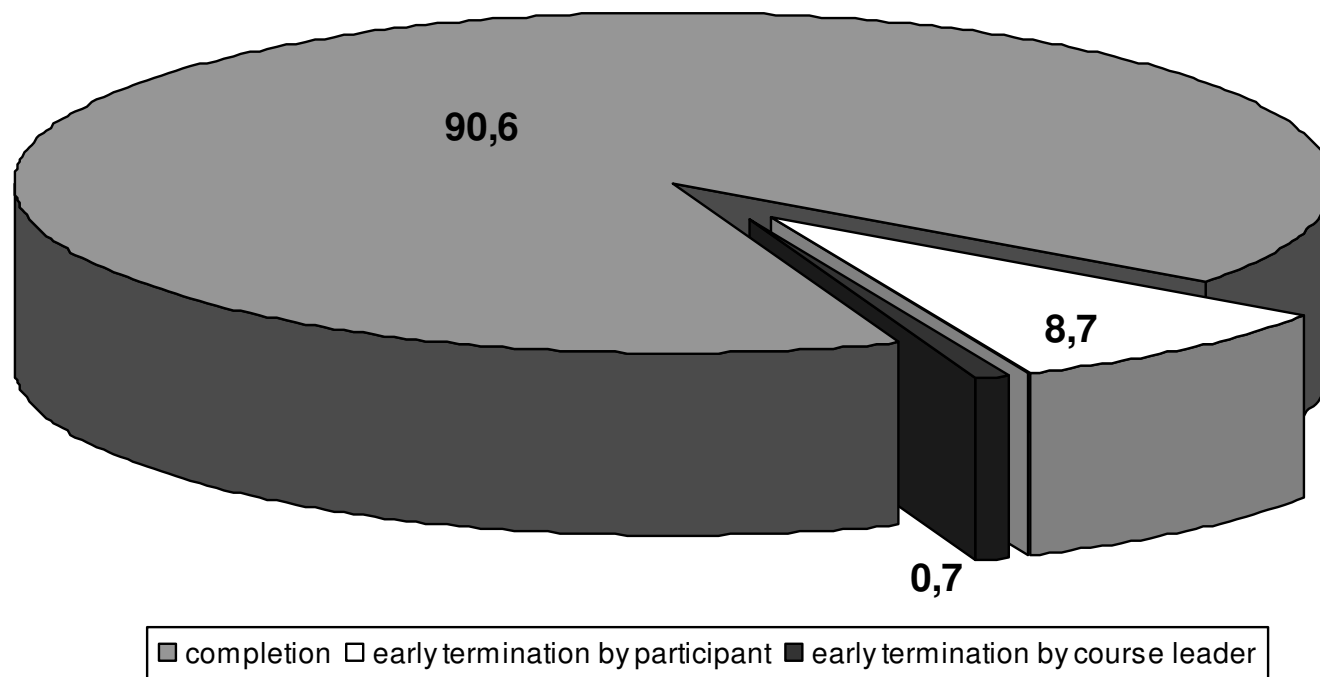
Consumption within a 30 day period

	consumption ever in life	consumption within the last 30 days before being noticed	consumption within the 30 day before the intake interview
Alcohol (N = 1,267)	1,241	1,119	1,045
Cannabis (N 1,272)	1,006	833	604
Amphetamines/other stimulants (N = 1,166)	352	205	147
Benzodiazepine/other sedatives (N = 1,118)	85	45	34
LSD/other hallucinogens (N = 1,127)	101	41	21
Cocaine/crack (N = 1,138)	161	63	52
Heroin/other opiates (N = 1,112)	23	6	3
Inhalants (N = 1,117)	154	39	33
Other drugs (N = 1,040)	116	62	44

Frequency of drug use – 30 day period; before being noticed (1), before intake interview (2)

Substance	Every day		On 8 to 25 days		On 2 to 7 days		On one day	
	1	2	1	2	1	2	1	2
Alcohol (N = 1,119/1,045)*	2.7	1.4	28.4	24.7	53.2	52.0	15.7	21.9
Cannabis (N = 833/604)	20.8	15.4	28.6	27.8	32.3	35.6	18.4	21.2
Amphetamines/other stimulants (N = 205/147)	10.7	7.5	19.0	14.3	34.1	42.9	36.1	35.4
Benzodiazepine/other sedatives (N = 45/34)	4.4	2.9	13.3	26.5	40.0	35.3	42.2	35.3
LSD/other hallucinogens (N = 41/21)	0.0	0.0	9.8	9.5	31.7	23.8	58.5	66.7
Cocaine/crack (N = 63/52)	7.9	7.7	9.5	9.6	36.5	50.0	46.0	32.7
Heroin/other opiate (N = 6/3)	0.0	0.0	0.0	33.3	16.7	0.0	83.3	66.7
Inhalants (N = 39/33)	5.1	3.0	15.4	24.2	41.0	36.4	38.5	36.4
Other drugs (N = 62/44)	35.5	40.9	16.1	13.6	27.4	27.3	21.0	18.2

Mode of termination of courses (N = 874, in %)



Survey of course participants – cause of getting in touch with “FreD goes net”

- because of alcohol 261 (29.3%)
- because of illegal drugs 186 (20.9%)
- because of alcohol and illegal drugs 445 (49.9%)

Importance of course participation I – alcohol only

		entirely/parly agree		don't quite agree/disagree	
		no.	%	no.	%
Participation in the course was important to me personally.	A	197	75.8	63	24.2
	D	79	84.9	14	15.1
Participation in the course has improved my level of information/knowledge on the effects and risks associated with alcohol/drug consumption.	A	220	84.9	39	15.1
	D	88	95.7	4	4.3

Importance of course participation II – alcohol only

		entirely/partly agree		don't quite agree/disagree	
		no.	in %	no.	in %
Participation in the course has improved my attitude towards my drinking/ drug consumption.	A	175	67.3	85	32.7
	D	67	73.6	24	26.4
Now that I have finished the course I intend to drink less alcohol/drugs.	A	172	66.4	87	33.6
	D	67	74.4	23	25.6
Now that I have finished the course I intend to stop drinking/drug consumption completely.	A	69	26.5	191	73.5
	D	63	68.5	29	31.5

Importance of course participation III – alcohol only

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
I now feel better equipped to deal with problems that arise from drinking/drug consumption.	A	229	88.4	30	11.6
	D	80	87.9	11	12.1
If I did have problems with alcohol/drug consumption, I now know where to get professional support.	A	246	94.6	14	5.4
	D	85	93.4	6	6.6
Now that I have finished the course I intend to make some changes in my life.	A	166	63.8	94	36.2
	D	65	70.7	27	29.3

Importance of course participation I – drugs only

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
Participation in the course was important to me personally.	A	67	83.8	13	16.3
	D	156	84.8	28	15.2
Participation in the course has improved my level of information/knowledge on the effects and risks associated with drug consumption/alcohol.	A	63	79.7	16	20.3
	D	166	90.2	18	9.8

Importance of course participation II – drugs only

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
Participation in the course has changed my attitude towards my drug/alcohol consumption.	A	39	50.6	38	49.4
	D	126	69.2	56	30.8
Now that I have finished the course I intend to consume less drugs/alcohol.	A	39	51.3	37	48.7
	D	144	78.3	40	21.7
Now that I have finished the course I intend to stop consuming drugs/alcohol completely.	A	20	26.3	56	73.7
	D	106	59.2	73	40.8

Importance of course participation III – drugs only

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
I now feel better equipped to deal with problems that arise from drug/alcohol consumption.	A	59	75.6	19	24.4
	D	168	91.8	15	8.2
If I did have problems with drug consumption or alcohol, I now know where to get professional support.	A	76	96.2	3	3.8
	D	175	95.1	9	4.9
Now that I have finished the course I intend to make some changes in my life.	A	55	71.4	22	28.6
	D	145	78.8	39	21.2

Importance of course participation I – alcohol and drugs

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no	%
Participation in the course was important to me personally.	A	302	68.0	142	32.0
	D	325	73.4	118	26.6
Participation in the course has improved my level of information/knowledge on the effects and risks associated with drug consumption or alcohol.	A	333	75.0	111	25.0
	D	377	85.1	66	14.9

Importance of course participation II – alcohol and drugs

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
Participation in the course has changed my attitude towards my drinking/drug consumption.	A	195	44.2	246	55.8
	D	308	69.5	135	30.5
Now that I have finished the course I intend to consume less alcohol/drugs.	A	223	50.9	215	49.1
	D	326	74.1	114	25.9
Now that I have finished the course I intend to stop my drinking/taking drugs completely.	A	104	24.0	330	76.0
	D	256	58.4	182	41.6

Importance of course participation III – alcohol and drugs

		entirely/partly agree		don't quite agree/disagree	
		no.	%	no.	%
I now feel better equipped to deal with problems arising from drug consumption or alcohol.	A	288	65.8	150	34.2
	D	362	82.3	78	17.7
If I did have problems with drug consumption or alcohol I now know where to get professional support.	A	377	85.9	62	14.1
	D	398	90.0	44	10.0
Now that I have finished the course I intend to make some changes in my life.	A	270	61.6	168	38.4
	D	306	69.7	133	30.3

- The participants were ... with “FreD goes net”
 - Very satisfied 308 (34.5%)
 - Satisfied 427 (47.9%)
 - Partly satisfied 132 (14.8%)
 - Not very satisfied 15 (1.7%)
 - Not at all satisfied 10 (1.1%)

- 756 (84.6%) course participants would recommend “FreD goes net” to their friends or anyone else.

Rating of the intervention FreD goes net

- very good 42%
- quite good 58%

- A European manual “FreD goes net” was successfully developed and successfully tested in the pilot countries.
- The German early intervention project “FreD” was transferred to the European level.
- Project co-ordination successfully completed its allocated tasks.

- The intervention also proved its worth with respect to young alcohol users.
- Apart from the police and judiciary system, or family, access can also be via school or the workplace.
- Young users of psychoactive substances are reached with an early intervention.
- Compliance and holding power of the intervention are good.
- The effects attained are satisfactory.

**Thank you very much for your
attention!**